

In co-leadership with Anasuya Koopmans of Power of Presence, a 3-day

## Workshop for Women

**Linko Management Consultancy TB** was founded by Tom de Winter. Tom studied social sciences, Authentic Haptonomy, and cranio-sacrale therapy. Tom has a practice in Amsterdam and Oosterbeek, near Arnhem The Netherlands.

Tom has over 30 years of experience as an international workshop trainer for companies and members of the public. In his workshops Tom guides participants in their mental, emotional and spiritual development by means of bodywork.

The development of girl into woman runs as a connecting theme throughout the Women's workshop. We help you gain insight into the different phases of life that a woman goes through. We relate to how you have handled this, and how you are doing now. You will get in touch with your feminine feelings, passions, thoughts and forgotten truths. You can recall yourself in all your richness and wisdom.

We pay attention to the masculine and the meaning of this energy for you. A woman has the possibility to live her feminine and masculine potentials, to connect her earthly sensuality with power and beauty. Our harmony between the masculine and feminine sides of ourselves defines the relationship we have with ourselves, and with other women and men.

### Goal

The Women's workshop reminds you to take care of yourself, to set boundaries. You will meet yourself and other women full of pride in all your beauty. You are in contact with female spirituality as an inspirational source of joy and life.

The Women's workshop will also give you ways to integrate your new knowing into your daily life, your relationships, your family and your work. Part of the workshop is the sweat lodge ceremony, an ancient ritual of cleansing, healing and connecting.



The Women's workshop reminds you to take care of yourself.

### Practical information

The Women's workshop is led by Anasuya Koopmans. The Men's workshop by Tom de Winter. When a workshop takes place in Eastern Europe, a local language translator is present.

**Workshop price:** 150,- euro, travel expenses and excluded. Number of participants: 24 women. For dates and locations, please consult the [WORKSHOP SCHEDULE](#) on [Linko.org](#) or contact one of the [COORDINATORS](#) in your nearest town or country, listed on the same website

There are brochures of the following **Linko workshops:**

- [Flower of Life workshop](#)
- [The Art of Self Healing](#)
- [The art of Selfrealisation](#)
- [Servers of the Divine Plan](#)
- [Indigo Children](#)
- [Creative Learning](#)
- [The Alchemist Within Us](#)
- [The Exchange of Uniqueness](#)
- [Workshop for Men](#)
- [Workshop for Women](#)

